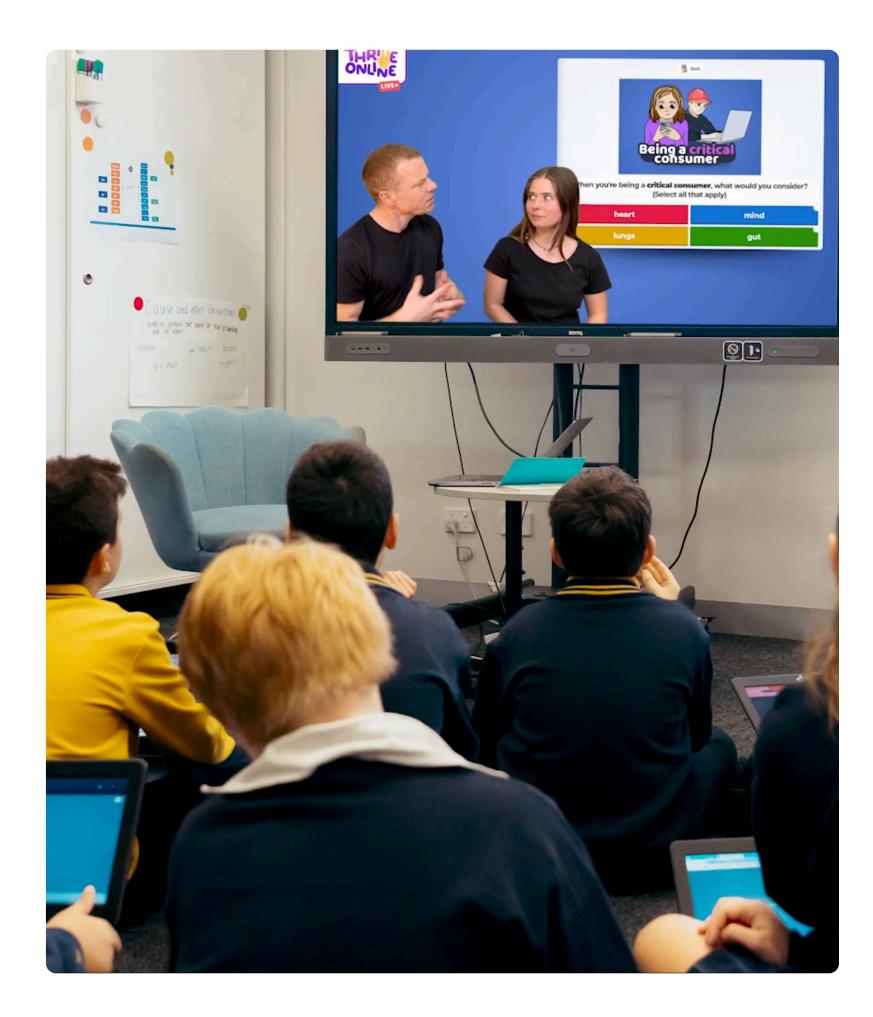
INFoo RM& **EMP: UE** Cyber Safety & Digital Wellbeing

Dear Parents & Carers,

In 2025, your child will take part in Inform & Empower's Cyber Safety & Digital Wellbeing program. This means they will participate in engaging and interactive live-streamed incursions each term. Developed by qualified teachers, these incursions are designed to help create safer and more positive online experiences for your children.



Inform & Empower is endorsed by the eSafety Commissioner as a Trusted eSafety Provider.

You, the parents and carers, will be given resources to support conversations with your children at home. You will receive a concise "tip sheet" each term that outlines what your child learned about in class and how you might open up these important conversations at home.

Together for a safer digital world,

Team IRE

Incursions will focus on:

- Healthy Digital Habits
- Critical Thinking
- Digital Citizenship
- Cyberbullying
- Digital Literacy
- Safety & Security
- Consent
- Upstanders

Student Surveys

In Years 3-6, Inform & Empower will invite students to complete anonymous surveys asking them about their digital habits. No identifying information, such as name or school, is collected. This survey is optional. You or your child may choose to opt out at any stage, please inform the school if you do not wish your child to complete these surveys. Questions examples include: What online games do you like to play? How many hours do you spend online each day/week? What are the best/worst things about the internet? The survey data will be used by Inform & Empower to help improve their programs and aggregated results may be published online.

